

Caregiver Lunch & Learn Series

Free Event

Thursday, March 11, 2010

11:00 am - 1:30 pm

at Senior Services

2895 Shorefair Drive • Winston-Salem, NC

Free Event

If you are caring for a loved one at home or in a facility, you are a caregiver. This is for you.

**Registration is at 11:00 am,
followed by your choice of these two sessions, starting at 11:15:**

Pain and Symptom Management

Freda Cowan, Nurse Practitioner with Hospice & Palliative Care, will talk about treating pain, agitation, and other symptoms common in serious illness.

Dementia and Mental Illness

Staff from the Geriatric Outreach Program at Wake Forest University Baptist Medical Center will talk about the dual diagnosis of patients with both dementia and depression, bipolar disorder, or other mental illness.

Lunch is at noon

Our lunch sponsor is: Aging in Place Construction Specialists, LLC and Independence Option

At 12:45, there will be a session for all on:

Recreation Therapy

Julie Bradwell, PRS/CTRS, will demonstrate fun activities for you and your loved ones to do at home to relieve stress and to enjoy time together.

*Piedmont Home Health will provide care for your loved one on site during the program.
You must reserve space for this when you RSVP*

RSVP no later than the Monday, March 8, to (336) 608-3542

Presenting Organizations:



SENIOR SERVICES
Helping Our Elderly Live With Dignity



Northwest Piedmont
Area Agency on Aging



Hospice & Palliative
CARE CENTER



alzheimer's association®

DIRECTIONS TO SENIOR SERVICES



2895 Shorefair Drive
Winston-Salem, NC 27105
(336) 725-0907



FROM EAST:

Take Business 40 West to Downtown Winston-Salem. Take a RIGHT on Cherry Street. Proceed on Cherry/Marshall Street 2.7 miles. Take a RIGHT on Deacon Boulevard. Take a RIGHT on Shorefair Drive.

FROM WEST:

Take Business 40 East to Downtown Winston-Salem. Take a LEFT on Cherry Street. Proceed on Cherry/Marshall Street 2.7 miles. Take a RIGHT on Deacon Boulevard. Take a RIGHT on Shorefair Drive.

Save the date: The next Caregiver Lunch & Learn will be on July 22, 2010