



# Coping With The Holidays

A program designed to build coping skills after the death of a loved one

**Thursday, November 5<sup>th</sup>** (for adults)

**1:30 - 3:00pm**

Location: BestHealth Center • Hanes Mall • (near Post Office) • Winston-Salem, NC

To register, call 336.716.2255

**Tuesday, November 10<sup>th</sup>**

(for children ages 6 and older, teens, and adults)

**6:00 - 7:30pm**

Location: Hospice & Palliative CareCenter • 101 Hospice Lane • Winston-Salem, NC

To register, call 336.768.6157, ext. 600

**Monday, November 16<sup>th</sup>**

**6:00pm**

Location: First Calvary Baptist Church • 401 N. Woodland Avenue • Winston-Salem, NC

To register. 336.768.3972, ext. 600

**Wednesday, December 2<sup>nd</sup>** (for adults)

**3:00 - 4:00pm**

Location: Trinity Oaks • 2<sup>nd</sup> floor Hobby & Craft Room • 728 Klumac Road • Salisbury, NC

To register, call 704.633.5447

**Monday, December 14<sup>th</sup>**

**11:00am**

Location: King Senior Center • King Recreation Acres • Shelton Shock Booze Circle, King, NC

To register. 336.768-3972, ext. 346

There is no fee for these programs, though advance registration is requested.



*Hospice & Palliative*

CARE CENTER

Hospice & Palliative CareCenter

Serving 13 counties from 4 offices & Kate B. Reynolds Hospice Home

Winston-Salem • 336-768-3972 • Walnut Cove • 336-591-1124

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[www.hospicecarecenter.org](http://www.hospicecarecenter.org)



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