



2012 Grief Counseling Groups

6-Week Counseling Groups for Adults*

Coping with the Death of a Parent

6:00-7:30pm

Session 1 – Mondays: Feb 6, 13, 20, 27, Mar 5, 12

Session 2 – Tuesdays: Apr 17, 24, May 1, 8, 15, 22

Session 3 – Mondays: Oct 1, 8, 15, 22, 29, Nov 5

Coping with the Death of a Spouse

1:30-3:00pm

Session 1 – Mondays: Feb 6, 13, 20, 27, Mar 5, 12

Session 2 – Tuesdays: Apr 17, 24, May 1, 8, 15, 22

Session 3 – Mondays: Oct 1, 8, 15, 22, 29, Nov 5

Coping with the Death of a Spouse

6:00-7:30pm

Session 1 – Tuesdays: Feb 7, 14, 21, 28, Mar 6, 13

Session 2 – Mondays: Apr 16, 23, 30, May 7, 14, 21

Session 3 – Tuesdays: Oct 2, 9, 16, 23, 30, Nov 6

Location for 6-week counseling groups: Hospice & Palliative CareCenter
101 Hospice Lane • Bldg 121 • Williams Education & Counseling Center
To register, call 336-768-6157, ext. 1600

***In order to join a 6-week counseling group, interested individuals must attend the first and/or second sessions. After the second session, membership is closed.**

Left Behind: A Group for Survivors of Suicide

A mutual support group for family and friends of those who have died by suicide

Tuesdays, 6:00-7:30pm

Jan 10 & 24, Feb 14 & 28, Mar 13 & 27, Apr 10 & 24, May 8 & 22, June 12 & 26, July 10 & 24,
Aug 14 & 28, Sept 11 & 25, Oct 9 & 23, Nov 13 & 27, Dec 11

Location: Hospice & Palliative CareCenter
101 Hospice Lane • Bldg 121 • Williams Education & Counseling Center
Call Kelley Ryan at 336-331-1333 for registration and a brief intake interview

Teen Evening Retreat – “Journey”

For teens, ages 13 through high school graduation, grieving the death of a loved one

6:00-7:30pm

Thursdays: Jan 19, Feb 16, Mar 15, Apr 19, May 17

Location: Hospice & Palliative CareCenter
101 Hospice Lane • Bldg 121 • Williams Education & Counseling Center
To register, call Susanna Lund at 336-331-1348

Registration is required

There is no fee for groups, though advance registration is requested

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Revised 11-28-11 GCC



Camp Carousel 2012: July 23 - 27

Heartstrings Infant Loss Support Group

For those mourning the death of an infant from conception to one year of age

Thursdays, 6:00-7:30pm

Spring Session: Mar 22 & 29, Apr 5, 12, 26, May 10 & 24, June 7

Fall Session: Aug 23 & 30, Sept 6, 13, 27, Oct 11 & 25, Nov 8

To register, contact Mary Schultz at 336-335-9931 or at marys@hearstringssupport.org

Registration is required

Location: Hospice & Palliative CareCenter

101 Hospice Lane • Bldg 121 • Williams Education & Counseling Center

Caregiver Support Group

4th Monday of each month, 1:00-2:00pm

Coping with the Death of a Spouse

4th Monday of each month, 2:30-3:30pm

Jan 23, Feb 27, Mar 26, Apr 23, May 28, June 25, July 23, Aug 27, Sept 24, Oct 22, Nov 26, *

*There will not be a group in December

Location: BestHealth Center • Hanes Mall (near Post Office) • Winston-Salem, NC

To register, call 336-713-2378 (713-BEST)

There is no fee for groups, though advance registration is requested

