

2018 Grief Counseling Services (April-October)

6-Week Grief Support Group: Coping with the Death of a Spouse

Six-week groups offer opportunities for individuals to meet with others who have experienced similar losses. In order to join a 6-week counseling group, participants must attend the first and/or second group meetings. After the second group meeting, membership is closed. Each group builds upon the previous group, and educational reading material and homework assignments are given. Groups are open to any member of the community who has experienced a death-related loss. A brief intake interview is required before joining the group.

Begins Tuesday, September 11, 2018. Please call to register.

Monthly Grief Support Group: Coping with the Death of a Loved One

Monthly support groups are open to new members throughout the year. They are offered to anyone in the community who has experienced a death-related loss. A brief intake interview is required prior to attendance.

Please call for dates and times, and to register.

There is no fee for groups, though a pre-group interview is required prior to joining a group.

To register and schedule a pre-group interview, call 704-637-7645 or 336-331-1348 (direct line), and ask for grief counselor Susanna Lund.